



Stark County Board of
Developmental Disabilities

Family Information Series

"Answers to the things that are important to you."

February 12, 2018

5:30 p.m. - 6:30 p.m. - Cohen Room

Charting the LifeCourse

Barb Sapharas

*Consultant for the Nisonger Center - the Ohio State University and
Ohio LifeCourse Ambassador*

The LifeCourse framework was created to help individuals and families of all abilities, and at any age or stage of life develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live. Individuals and families may focus on their current situation and stage of life, but may also find it helpful to look ahead to think about life experiences now that will help move them toward an inclusive, productive life in the future. The framework is designed to help any citizen think about their life, not just individuals known by the system of services. Learn more at <http://www.lifecoursetools.com/charting-the-life-course-guide/>

Whipple-Dale Centre

2950 Whipple Ave. NW • Canton, OH 44709

For more information and to let us know you are coming:

Misty McGirr at 330-479-3632 or email at mcgirm@starkdd.org

Mission:

"Supporting people with disabilities and their families."