



Peer to Peer Class

Thursday January 11, 2018 - 6:00 pm to 8:00 pm

Stark State College
6200 Frank Rd., North Canton, OH 44720

Thursday February 1, 2018 - 6:00 pm to 8:00 pm

Science Hill Community Church
12316 Beeson St. N.E.
Alliance, OH 44601 Canton, OH 44710

Wednesday March 21, 2018 - 5:00 pm to 7:00 pm

Make A Way
227 3rd St., S.E.
Massillon, OH 44646

NAMI Stark County offers the “Peer-to-Peer” Education Class

Peer-to-Peer is a **FREE** ten week education program designed to foster learning, healing and empowerment among adults with neurobiological brain disorders (mental illness). This course, sponsored by Stark County’s National Alliance on Mental Illness is taught by trained mentors or peer teachers who are successfully managing their own conditions. The course provides participants with comprehensive information on mental illness. It also teaches strategies for personal and interpersonal awareness, coping skills, and promotes effective paths to recovery and wellness. Participants can: Share experiences with peers who are also working toward recovery, gain further insight into mental illness, learn how to manage and cope with circumstances, and learn how to be an active participant in any treatment plan and much more.

There is a monetary stipend given to participants for attendance and refreshments are available.

There is no charge for the course but pre-registration is required. To learn more, or to register for the class, call **(330) 455-6264**.